



Resources Available to Support the Well-Being of School Age Youth

ASBSD/SASD Joint Convention 2025



WBSAY Collaborative: Well-Being of School Aged Youth



Multi-Tiered Framework: Mental and Behavioral Health Services



**Scan QR Code to access
resources online.**

<https://doe.sd.gov/mentalhealth/documents/25-MTF.pdf>

Tier 1: Universal Strategies

- Implemented for ALL students
- Aim to prevent problems
- Effective for about 80-90% of students



Tier 1 Resources

For Educators/Schools

- ACEs Training
- BEAM-SD ECHO Series
- CAASt Training & Graduate Certificate
- CPCM Training Library
- End Online Child Abuse
- Healthy SD School Health Page
- Helpline Center University
- Hope Squads
- “I Love U Guys” Foundation
- PREPaRE Workshops
- Child Maltreatment Training
- DOE Mental Health Poster Campaign
- NAMI Say It Out Loud Training
- School-Based Mental Health Providers
- Natural Helpers
- Mental Health First Aid
- Behavioral Health Campaign Free Materials, Swag & Toolkits

School Security

- SD School Safety Resources
- Safe2SaySD
- Internet Safety Training
- Multi-Tiered Systems of Support (PBIS)
- SD Prevention Network
- Youth Mental Health First Aid

Community Resources

- Resilient Communities
- SD Quitline

Student Resources

- Quit Tobacco SD
- Teen Mental Health First Aid

Parent Resources

- COR Health + Well-Being
- Helpline Center Family Resources
- Internet Safety Training
- Youth Suicide Infographic



Universal Strategies

Tier 1 Resources

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Universal Strategies

Tier 2: Targeted Strategies

- Assess risk factors and protective factors
- Prevention problems from progressing
- Needed for about 10-15% of students.



Tier 2 Resources

For Educators/Schools

- Helpline Center Postvention for Schools & Educators
- SD DOH Educational Materials Catalog
- Jobs for America's Graduates (JAG)
- PREPaRE Workshop 2
- Positive Behavior Interventions and Support (PBIS) Tier 2
 - Check IN Check OUT

Parent Resources

- South Dakota Suicide Prevention Website- Suicide Among Youth Page



Targeted Strategies

Tier 2 Resources

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Parent Resources

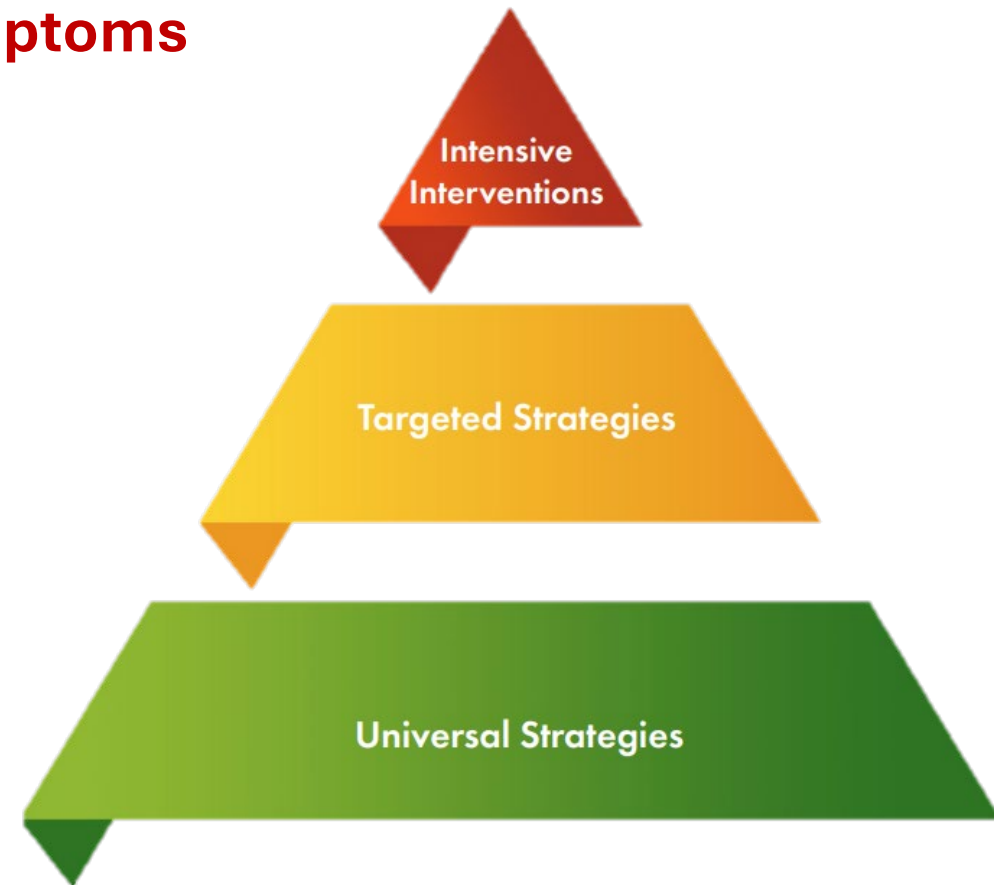
- South Dakota Suicide Prevention Website- Suicide Among Youth Page



Targeted Strategies

Tier 3: Intensive Interventions

- Aim to reduce intensity and duration of symptoms
- Needed for about 1-5% of students



Tier 3 Resources

For Educators/Schools

- Helpline Center's 988 FAQ
- After a Suicide: A Toolkit for Schools
- Check and Connect
- Comprehensive School Threat Assessment Guideline Training
- SD Community Mental Health Centers
- Systems of Care



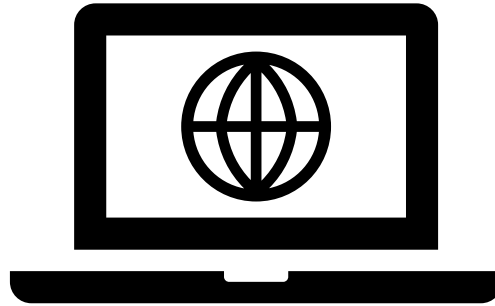
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South Dakota Department of Education



doe.sd.gov/mentalhealth
doe.sd.gov/studentwellness
doe.sd.gov/sped/mtss.aspx
doe.sd.gov/jag-sd

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School Crisis Prevention & Response Hub



Workshop 1: "Comprehensive School Safety Planning: Prevention Through Recovery"

- 1-day workshop 6.5 CPD hours

Addresses *critical components* needed to develop, exercise, and evaluate safety teams and crisis plans. The model also integrates school personnel and community provider roles in providing school-based crisis preparedness and response activities.

Workshop 2: "Mental Health Crisis Interventions: Responding to an Acute Traumatic Stressor in Schools"

- 2-day workshop 13 CPD hours
- Develops the knowledge and skill required to provide immediate *mental health crisis interventions* to students, staff, and school community members who have been simultaneously exposed to an acute traumatic stressor.
- The knowledge and skills developed within this session also help to build a bridge to the psychotherapeutic and trauma informed mental health response sometimes required to address challenges associated with trauma exposure.



UNIVERSITY OF
SOUTH DAKOTA
SCHOOL OF EDUCATION

More info? Contact Dr. Kari Oyen Email- SDSchoolCrisis@usd.edu

BEHAVIORAL HEALTH, EDUCATION, ACCESS, AND MANAGEMENT FOR SOUTH DAKOTA (BEAM-SD)

BEAM-SD supports primary care providers (PCPs), school-based, and behavioral health professionals in treating and managing behavioral health needs for children and adolescents (0-21).



Center for Disabilities

To learn more visit
www.beam-sd.org



Real-Time Consultation

Providing support to primary care and school settings through teleconsultation with pediatric behavioral health providers.



Education

Providing ongoing training and education to support the treatment of children and adolescents with behavioral disorders.



Resources & Care Coordination

Serve as a resource hub for primary care providers, school professionals, mental health professionals, educators, and parents.

SD BEHAVIORAL HEALTH

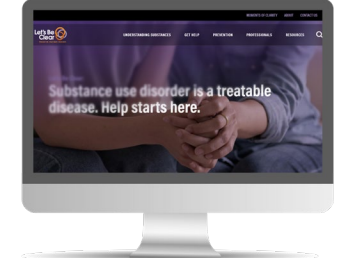
The Division of Behavioral Health (DBH) provides oversight of the publicly funded behavioral health system and supports individuals of all ages with behavioral health needs. Funded services include outpatient mental health services, outpatient and inpatient substance use disorder treatment services, recovery supports, crisis and prevention services.



sdbehavioralhealth.gov



sdsuicideprevention.org



letsbeclearsd.com



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SOUTH DAKOTA
DEPARTMENT
OF PUBLIC SAFETY

prevention — protection — enforcement





SOUTH DAKOTA DEPARTMENT OF HEALTH

Every South Dakotan Healthy and Strong



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School Health Services



Schools are an ideal setting to reach children who may not regularly visit a healthcare provider

Appropriate referrals and resources for children and families can be provided.

Basic nursing service rate of \$55/hour



Oral Screenings &
Fluoride Varnish Option

Offered at no cost with parental consent during oral screening

Delta Dental Health previously reduced mobile services



Vision, Oral & Hearing
Health Screenings

Can help identify issues early that can impact:

- Learning-poor vision or hearing affecting classroom performance
- Behavior-undiagnosed dental pain leading to distraction, absences, behaviors
- Overall Health



Teen Outreach Program (TOP)

An evidence-based, nationally recognized program for youth in grades 6-12.

TOP focuses on healthy behaviors, life skills, and community service learning while promoting positive youth development and academic success.

"Honestly, this class is so amazing I don't think it could get any better it was a truly wonderful experience in my life."

"Being able to learn new things about myself and about other people. And learning how to control my emotions."

Implementation & Survey Data: School Year 2024-2025

TOP Cohorts Completed by County



All Sites

14 cohorts completed

221 youth attended at least 1 session

204 entry & **201** exit surveys completed

427 minutes (7 hours) average community service-learning time completed per youth (group & individual)

